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Refresh Your Creative Force

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[ACC Europe's 2023 annual conference in Brussels](#) will feature a keynote by magician and creative force [Butzi](#). He outlines how to stay creative after the last three years of the reinvention of work.

Innovation is a big topic for companies. But what about *you*, behind your computer, thinking: “I’m not an innovator,” or maybe just tired of trying new things when life hits you with COVID, crisis, or rejection?

Whatever the case might be for you, I think we always need a little boost to see the future with optimism and feel solution-driven again.

Here is how I would do it to refresh myself.

Remember innovation is not what is usually implied.

Today, we hear “innovation,” and it implies that we are talking about a tech-based, Steve Jobs type of innovation. Yes, that is one possibility, one meaning. It is called disruptive innovation.

But if you look at the etymology of the word, it is first and foremost about reinventing, improving... and not necessarily about revolutionary *inventions*. This is called incremental innovation, and is sometimes regarded as an “unworthy” kind of innovation.



Incremental innovation is solely about taking steps to improve and revitalize your well-being. Jirsak / Shutterstock.com

But I'm a big believer that being an innovator is a mindset first. This is the first thing I say in my keynotes and when I coach executives and leaders.

Attitude is the most important thing for being an everyday innovator.

And believe it or not, you are one, even if you don't feel like one, because we are all creative. It is in our DNA as humans. It is a muscle we can all work, our way. I make this distinction because of the pressure the word, "innovation" brings on our shoulders. Especially if you work in a company.

But pressure is for tires

You have the capacity to take a step *back* and see the world with innovators' eyes.

You have the power to say, "Wait a minute, why so much stress about that?" and relax about it (which, ironically is a state that is proven by various studies to promote the ideation process).

And then you can apply your creativity to things that matter to you. Lots of people have reinvented the way they work. This is innovation. Some have thought back on their work-life balance. This is innovation too.

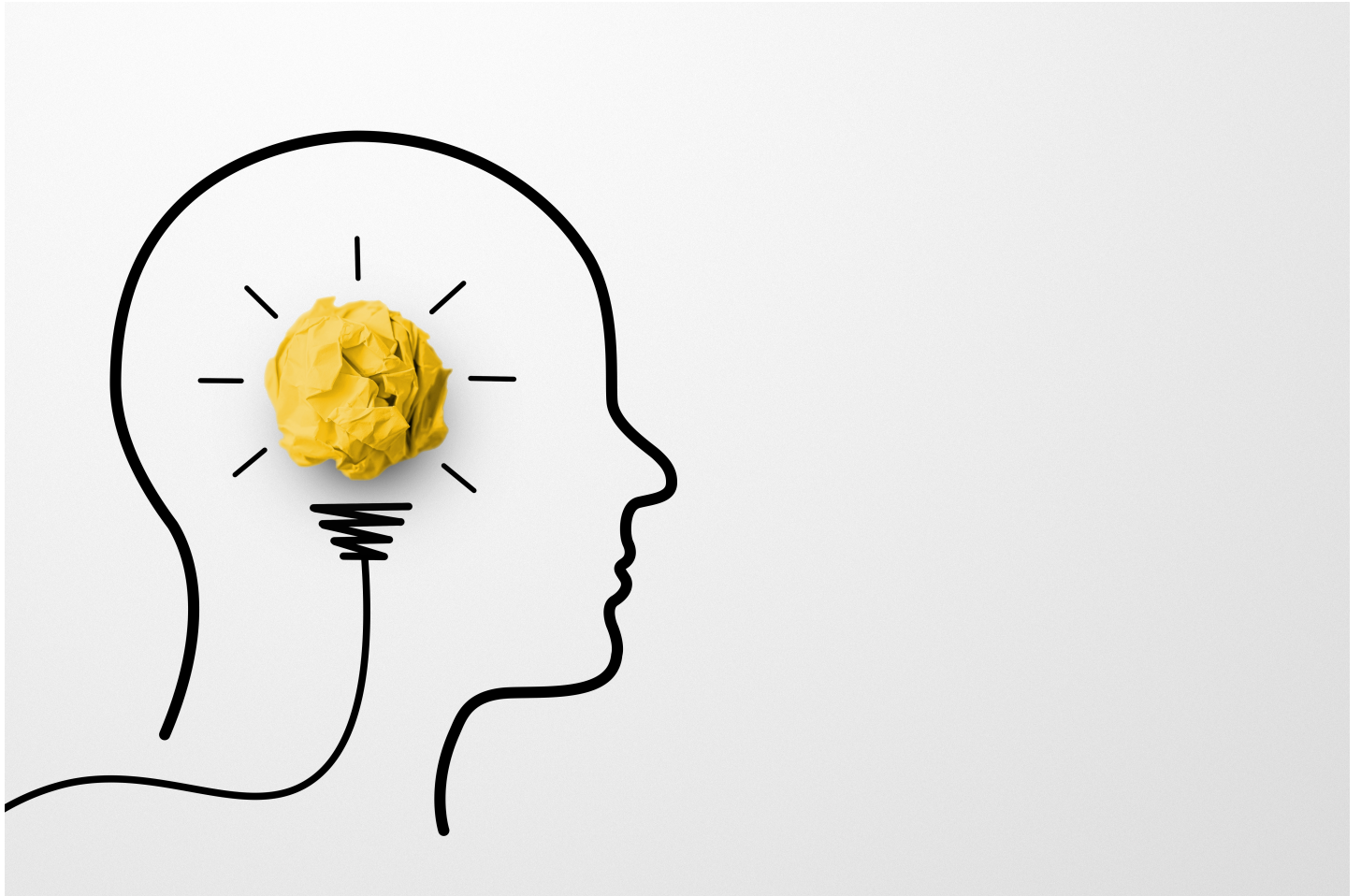
Reconnect with *your* reasons of doing it

What is often implied when we push for innovation is that everyone is motivated to see their company innovate. I think this is the manager's or CEO's dream. Not the employees' dream.

People care about their career, personal life, and the meaning they get from their job.

And admitting it will help you refresh your creative energy.

This will in turn (ironically again) help you to be more excited for your company's project and initiatives as you will be in the right mindset to explore, suggest, try, and have ideas.



Having the right mindset allows individuals to broaden their brain power and use their creative thinking skills. Monster Zstudio / Shutterstock.com

So, I say:

“Do it for yourself first.”

- Try it for a month and see what happens.
- For a month, dare to dream about different personal and family projects you might have buried.
- Think about your work-life balance and how you could improve it.
- Improve little things in your life, just for fun, with no pressure of the outcome.
- At work, go the extra mile on things *you* care about.

At work, go the extra mile on things *you* care about.

And without knowing it, you'll feel the same way you do when you stick to anything for a month: It will feel more natural. With no need to push, you attract fun and creative projects.

So, here are a couple of sentences for you to break the pattern consciously:

- If I approach my work differently for once, I could ____ .
- If [insert a personal goal] actually happens, it would bring me and my family ____ .
- If I surprise my partner tomorrow, it will bring him / her ____ .
- Or else, just write down five reasons to use this amazing and free tool to reach your goals and do things a better way (yes, I'm talking about your creative skills).

Reconnect with the fun of doing it

This is the first thing I talk about in my keynotes for companies: Go at it like a little kid.

It is fun.

Creativity and being innovative is all about exploring, questioning, trying, laughing about how hard we fell and trying again. And there is no risk because you get to do this in imaginary worlds.



Imagination is the key to innovation. Master1305 / Shutterstock.com

Like kids playing with Legos

Yes, you'll need to assess risks at some point of the process (in the convergence phase when we talk about budget, feasibility, and so on), but not at the beginning.

It will sometimes be hard to find solutions to your stupid ideas. This is a good sign!

But hard or complex is not impossible. And you can find solutions to each obstacle while having fun.

But chill

The attitude you need toward this whole innovation thing you already possess. We already figured it

out when we were kids. By suggesting lots of ideas (bad, good, improbable), we surprise ourselves and others.

Your creative force, the one you always had behind the layers of skepticism, rejection, and negative thoughts, is about being full of possibilities.



Discovering extraordinary ideas may come more easily once you limit obstructive thinking and develop a more positive mindset. *ra2 studio / Shutterstock.com*

Actually think of a moment in your early days when you *felt* like the world was full of possibilities. Wasn't it a great feeling?

How different would you approach your life if you felt like the world was full of possibilities right now?

I bet a whole lot different. You would be more open minded, more curious. This would help you to create better connections, new ideas, and perspective on the same old situations.

Decide now: What industries, methods interest you? What discipline, sport, or country do you want to try or travel to?

Name three things you always wanted to check out but never did (like trying baseball, doing a mud day, learning to make a cappuccino). It is fun to be curious, to get a glimpse of what is outside the box. And what you acquire is the faculty to start sentences with the words, "What if ... ", or "why not."

This is agility, this is being innovative, and this is your dormant creative force that is only asking to be refreshed.

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[Butzi](#)



Europe Keynote Speaker

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International speaker and author of 4 TEDx, Butzi has spoken for the biggest companies in the world.

He uses his experience as an entrepreneur, magician and author to help companies be more creative and agile in a rapidly changing world.

His mission: to help you reinvent yourself and gain more meaning in everyday life with practical advice and fresh perspectives.